

***Joseph Turner Primary School***

Eager to Learn, Proud to Achieve

For February, we are exploring the value of:

# Cleanliness

# CLEANLINESS

*Cleanliness is about developing good habits of personal hygiene and grooming.*

*Cleanliness helps us to lead a healthy and prosperous life.*

*Cleanliness makes our environment a better place to be.*





Hundreds of years ago the world was a completely different place to how we know it now. Back then people hardly knew anything about diseases or why they got sick. They couldn't understand why they felt the way they did.

People thought that evil spirits or spells were cast against them to make them sick.

They also believed that when the planets lined up or blamed it on the moon!



Louis Pasteur was a scientist and was born in France in 1822.

Pasteur proved that germs caused diseases and that they can be passed from one person to another.





**Germs transmitted from a sneeze or cough can travel up to one metre. When they land on surfaces such as keyboards and telephones, they infect for up to three days.**



**Coughs and  
sneezes  
spread  
diseases!**









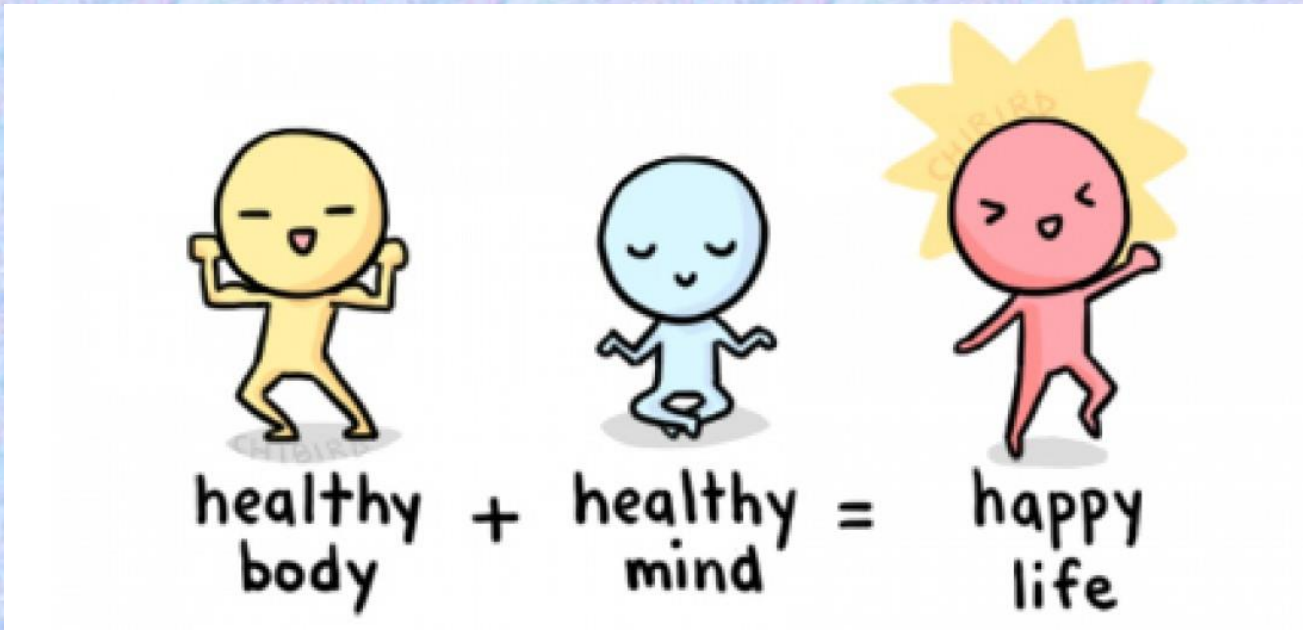












## Thought of the Day

It only takes a moment to wash the  
germs away,  
A little bit of soap and water helps  
them on their way.

Each day it only takes me just a  
little while,  
To brush my teeth and keep my  
shiny, healthy smile.

**Thought of the Month: Better keep yourself clean and bright; you are the window through which you must see the world.**

**George Bernard Shaw**