

Welcome to our 'Values' assembly

*A value is a principle  
that guides our  
thinking and  
behaviour*

# Values Champion Award WINNER!



## VALUES CHAMPION NOMINATION

I would like to nominate \_\_\_\_\_ in  
class \_\_\_\_\_ for a Values Champion Award for **Perseverance** because

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Nominated by: \_\_\_\_\_ Date: \_\_\_\_\_

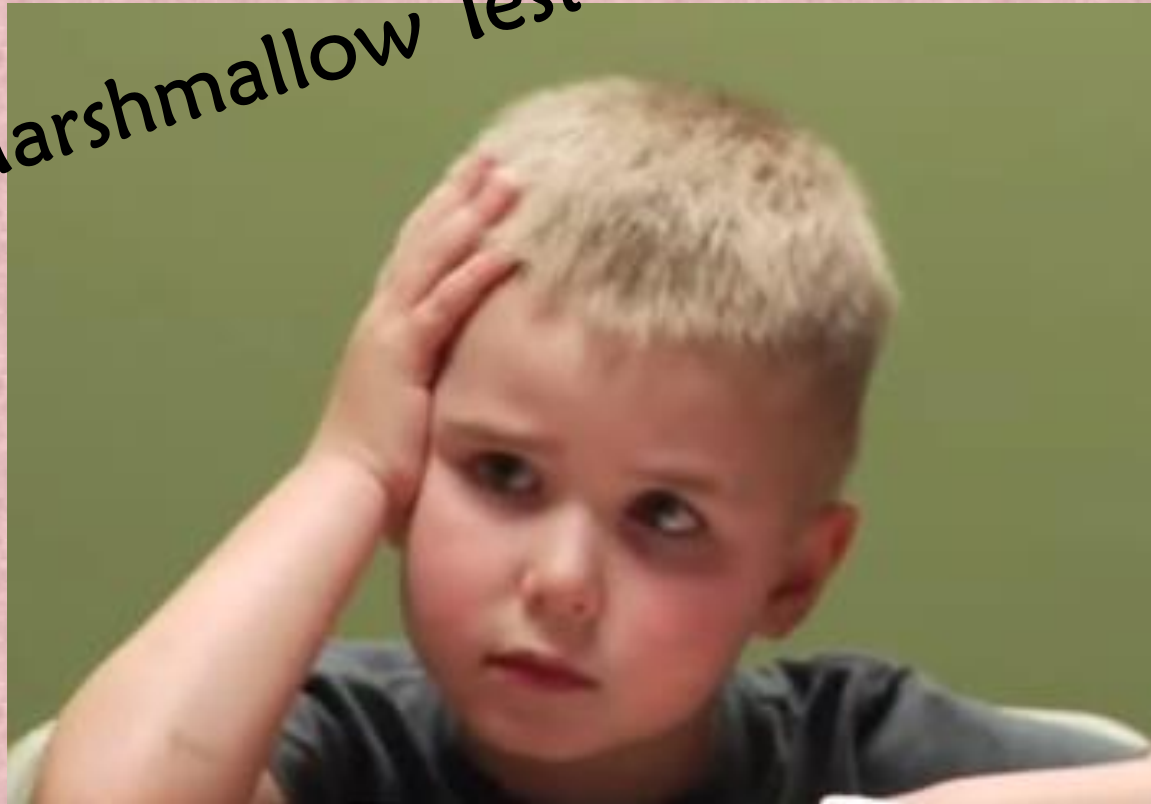
Perseverance – Friendliness – Kindness – Hope – Cooperation – Cleanliness – Courage –  
Fairness – Integrity – Patience – Respect

How did exploring the value of  
**INTEGRITY** guide your thinking and  
behaviour?



Watch this film and see if you can work out what this month's value is?

The Marshmallow Test

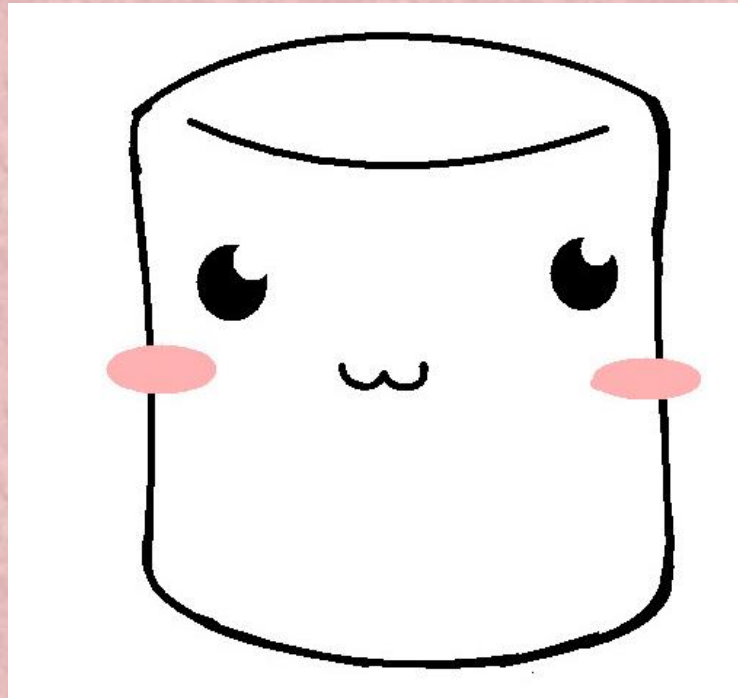


[https://www.youtube.com/watch?v=QX\\_oy9614HQ&feature=youtu.be](https://www.youtube.com/watch?v=QX_oy9614HQ&feature=youtu.be)



In **JUNE** we will be exploring the value of...

# PATIENCE



# PATIENCE

***Patience is the ability to accept delays, difficulties and problems with tolerance and without anger or resentment.***

**Patience means...**

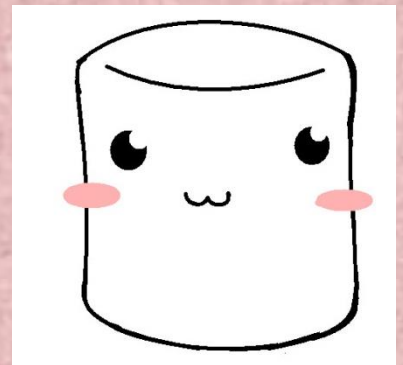
**being able to wait until it's time ...  
staying calm and not becoming annoyed**



<http://www.values.com/inspirational-stories-tv-spots/107-wet-cement>

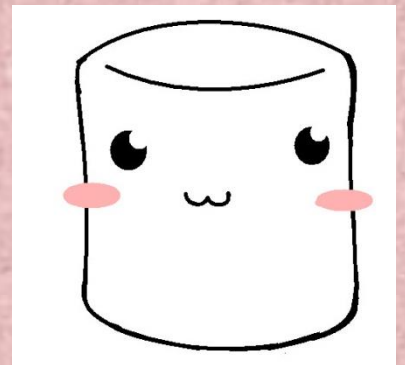
*A value is a principle  
that guides our  
thinking and  
behaviour*

*How does  
**PATIENCE**  
do this?*

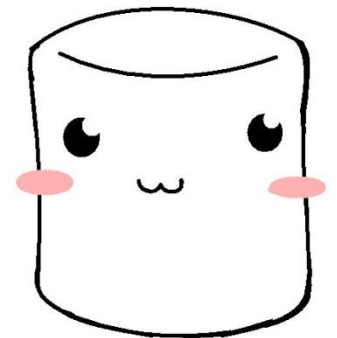




Why is it important  
to show **PATIENCE**  
to others?



What can you do if  
you are feeling  
**IMPATIENT?**



Sometimes children lose their patience when they are waiting for others to get ready to go home.

Solution:

- *Take some deep breaths*
- *Count to ten in your head*
- *Give others more time*
- *Remind yourself it is not your fault some children are late*
- *Ask the teacher to give Dojo points to children that are ready*

**“ Have PATIENCE.  
All things are  
DIFFICULT  
before they  
BECOME easy. ”**

**Saadi**





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Rivers know this: there is no hurry.  
We shall get there someday.

~ A. A. Milne



SOMETIMES THE FASTEST WAY  
ISN'T ALWAYS THE BEST WAY.  
SOMETIMES THE BEST THINGS IN LIFE  
TAKE A WHILE.

EMILY BETH



The **LONGER** you wait  
for something, the more  
you appreciate it when  
when you get it.

Because anything worth  
having is definitely  
something worth  
**WAITING.**



PATIENCE





You can chase a butterfly all over the field  
and never catch it.

But if you sit quietly in the grass  
it will come and sit on your shoulder.

